



# La visita cardiologica pediatrica

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# L'anamnesi

- Anamnesi familiare
- Anamnesi prenatale e perinatale
- Anamnesi post natale che deve includere la ricerca dei segni e dei sintomi di interessamento cardiovascolare



# I sintomi

## Periodo neonatale

- Scarso accrescimento
- Affaticamento durante il pasto
- Sudorazione al capo
- Polipnea, dispnea, gemiti espiratori
- Cianosi
- Stridore respiratorio, disfagia

## Età pediatrica

- Il dolore toracico
- La sincope
- Le palpitazioni
- La ridotta tolleranza all'esercizio fisico
- Infezioni respiratorie ricorrenti

# La cianosi



# Frequenza cardiaca normale in età pediatrica

	<b>riposò (veglia)</b>	<b>riposò (sonno)</b>	<b>sforzo (pianto, febbre..)</b>
<b>0 - 3 mesi</b>	<b>100 - 190</b>	<b>80 - 180</b>	<b>fino a 200</b>
<b>3 mesi - 2 anni</b>	<b>80 - 150</b>	<b>70 - 120</b>	<b>fino a 200</b>
<b>2 anni - 10 anni</b>	<b>75 - 110</b>	<b>60 - 90</b>	<b>fino a 180</b>
<b>&gt; 10 anni</b>	<b>55 - 90</b>	<b>50 - 90</b>	<b>fino a 180</b>

*Tab.I*



Anni	maschi								femmine						
	percentili altezza								percentili altezza						
	5°	10°	25°	50°	75°	90°	95°	5°	10°	25°	50°	75°	90°	95°	
1	90°	94/50	95/51	97/52	98/53	100/54	102/54	102/55	97/53	98/53	99/53	100/54	102/55	103/56	104/56
	95°	98/55	99/55	101/56	102/57	104/58	106/59	106/59	101/57	102/57	103/57	104/58	105/59	107/60	107/60
2	90°	98/55	99/55	101/56	102/57	104/58	105/59	106/59	99/57	99/57	100/58	102/58	103/59	104/60	105/61
	95°	101/59	102/59	104/60	106/61	108/62	109/63	110/63	102/61	103/61	104/62	105/62	107/63	108/64	109/65
3	90°	100/59	101/59	103/60	105/61	107/62	108/63	109/63	100/61	100/61	102/61	103/62	104/63	105/63	106/64
	95°	104/63	105/63	107/64	109/65	111/66	112/67	113/67	104/65	104/65	105/65	107/66	108/67	109/67	110/68
4	90°	102/62	103/63	105/63	107/64	109/65	110/66	111/66	101/63	102/63	103/64	104/65	106/65	107/66	108/67
	95°	106/66	107/67	109/67	111/68	113/69	114/70	115/71	105/67	106/67	107/68	108/69	109/69	110/70	111/71
5	90°	104/65	105/65	106/66	108/67	110/68	112/69	112/69	103/65	103/66	104/66	106/67	107/68	108/68	109/69
	95°	108/69	109/70	110/70	112/71	114/72	115/73	116/74	107/69	107/70	108/70	110/71	111/72	112/72	113/73
6	90°	105/67	106/68	108/69	110/70	111/70	113/71	114/72	104/67	105/67	106/68	107/69	109/69	110/70	111/71
	95°	109/72	110/72	112/73	114/74	115/75	117/76	117/76	108/71	109/71	110/72	111/73	112/73	114/74	114/75
7	90°	106/69	107/70	109/71	111/72	113/72	114/73	115/74	106/69	107/69	108/69	109/70	110/71	112/72	112/72
	95°	110/74	111/74	113/75	115/76	116/77	118/78	119/78	110/73	110/73	112/73	113/74	114/75	115/76	116/76
8	90°	107/71	108/71	110/72	112/73	114/74	115/75	116/75	108/70	109/70	110/71	111/71	112/72	113/73	114/74
	95°	111/75	112/76	114/76	116/77	118/78	119/79	120/80	112/74	112/74	113/75	115/75	116/76	117/77	118/78
9	90°	109/72	110/73	112/73	113/74	115/75	117/76	117/77	110/71	110/72	112/72	113/73	114/74	115/74	116/75
	95°	113/76	114/77	116/78	117/79	119/80	121/80	121/81	114/75	114/76	115/76	117/77	118/78	119/78	120/79
10	90°	110/73	112/74	113/74	115/75	117/76	118/77	119/78	112/73	112/73	114/73	115/74	116/75	117/76	118/76
	95°	114/77	115/78	117/79	119/80	121/80	122/81	123/82	116/77	116/77	117/77	119/78	120/79	121/80	122/80
11	90°	112/74	113/74	115/75	117/76	119/77	120/78	121/78	114/74	114/74	116/75	117/75	118/76	119/77	120/77
	95°	116/78	117/79	119/79	121/80	123/81	124/82	125/83	118/78	118/78	119/79	121/79	122/80	123/81	124/81
12	90°	115/75	116/75	117/76	119/77	121/78	123/78	123/79	116/75	116/75	118/76	119/76	120/77	121/78	122/78
	95°	119/79	120/79	121/80	123/81	125/82	126/83	127/83	120/79	120/79	121/80	123/80	124/81	125/82	126/82
13	90°	117/75	118/76	120/76	122/77	124/78	125/79	126/80	118/76	118/76	119/77	121/78	122/78	123/79	124/80
	95°	121/79	122/80	124/81	126/82	128/83	129/83	130/84	121/80	122/80	123/81	125/82	126/82	127/83	128/84
14	90°	120/76	121/76	123/77	125/78	126/79	128/80	128/80	119/77	120/77	121/78	122/79	124/79	125/80	126/81
	95°	124/80	125/81	127/81	128/82	130/83	132/84	132/85	123/81	124/81	125/82	126/83	128/83	129/84	130/85
15	90°	123/77	124/77	125/78	127/79	129/80	131/81	131/81	121/78	121/78	122/79	124/79	125/80	126/81	127/82
	95°	127/81	128/82	129/83	131/83	133/84	134/85	135/86	124/82	125/82	126/83	128/83	129/84	130/85	131/86
16	90°	125/79	126/79	128/80	130/81	132/82	133/82	134/83	122/79	122/79	123/79	125/80	126/81	127/82	128/82
	95°	129/83	130/83	132/84	134/85	136/86	137/87	138/87	125/83	126/83	127/83	128/84	130/85	131/86	132/86
17	90°	128/81	129/81	131/82	133/83	134/84	136/85	136/85	122/79	123/79	124/79	125/80	126/81	128/82	128/82
	95°	132/85	133/85	135/86	136/87	138/88	140/89	140/89	126/83	126/83	127/83	129/84	130/85	131/86	132/86

# Limiti superiori di norma della PA per statura e sesso

Altezza (cm)	Maschi (mmHg)	Femmine (mmHg)
55	97/70	99/70
60	106/68	108/68
70	110/69	111/70
80	104/59	105/60
90	108/63	107/65
100	110/67	108/68
110	113/73	110/72
120	115/79	113/76
130	117/82	117/79
140	120/83	119/81
150	124/85	123/83
160	127/85	127/85
170	127/85	127/85
180	127/85	127/85
190	127/85	-

